



U.S. Figure Skating Nonqualifying Competitions

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**Northern Lights Figure Skating Club's  
26<sup>th</sup> Annual Northern Star International Figure Skating  
Competition January 11-14, 2017**

*Sanctioned by:*



**Individual Competition Location:**

VFW Arena  
711 Third St. SE, East Grand Forks, MN 56721

**Synchronized Competition Location:**

Civic Center Arena  
300 15<sup>th</sup> St. NE, East Grand Forks, MN 56721

Sponsored By:



Secure Online Registration and credit card payment will be available at [www.northernlightsfsc.com](http://www.northernlightsfsc.com)

Chief Referee: Lisa Landon

Chief Accountant: Linda Ogawa



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The Annual Northern Star International Figure Skating Competition will be conducted in accordance with the rules and regulations of the U.S. Figure Skating, as set forth in the current Rulebook as well as any pertinent updates which have been posted of the U.S. Figure Skating web site.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

This competition is open to all synchronized teams comprised of members who are eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and currently registered members of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current Rulebook. Refer to the current rule book for non-U.S. Citizens.

This event is proud to participate in the 2018 Synchronized Skating Challenge Series. Participation in this series is open to all Learn to Synchro Skills 1, 2, or 3 teams and preliminary, pre-juvenile, juvenile and open juvenile teams. Visit [www.usfigureskating.org](http://www.usfigureskating.org) for more information on this series. Results of this event for participating teams will be reported to U.S. Figure Skating for calculation of the series results.

**ELIGIBILITY / TEST AND AGE REQUIREMENTS:** This competition will be conducted under the rules of the USFS as set forth in the 2017-18 Official Rulebook unless otherwise noted in this announcement. This is a non-qualifying competition. COMPETITION WILL BE JUDGED UNDER THE 6.0 SYSTEM for all individual and synchronized team events. Skaters must be members in good standing with the USFS or Skate Canada. **Competitors shall not compete at a level lower than their test level as of December 10, 2017. Skaters may compete at one level higher than their last test status as of that date.** A skater may compete in only one level of a given category except solo dance where competitors may compete at their test level and/or one level higher. Male and female skaters may compete together in certain events pending number of entries and at the discretion of the LOC and Chief Referee.

Qualifications for showcase events are based on the higher test level of either the free skate test **OR** the free dance test levels by the competitor, as outlined in the showcase event qualification tables in this announcement, and as stipulated in the US Figure Skating Non-Qualifying Showcase Competition Guidelines posted in the US Figure Skating website.

### EVENTS OFFERED:

Free Skating Test Track, Free Skating Well Balanced Program (No Test through Pre-Juvenile and Open Juvenile), Compulsory, Solo Dance, Spins, Light Entertainment Showcase, Dramatic Entertainment Showcase, and Synchronized Team Skate.

### EVENTS/FEEES FOR THE INDIVIDUAL COMPETITION:

Free Skate, Compulsory Moves, Showcase, Solo Dance, Spins

\$100 for the 1<sup>st</sup> event

\$25 for each subsequent event

Synchronized

\$120 per Beginner team

\$250 for all other teams

### ENTRIES: ENTRIES AND REGISTRATION:

- **Online entry** is available through secure credit card transaction at [www.northernlightsfsc.com](http://www.northernlightsfsc.com). **Entryeeze** for online registration will be used. All charges will appear as Northern Lights FSC on your credit card statement. (An online transaction fee will apply.) **Online entry must be COMPLETED by 11:59 PM on December 10, 2017. Online registration will be closed after this date.**
  - Follow the links for competition information, use the link to register for the competition, and pay with a credit card (VISA, MASTERCARD, DISCOVER and AMERICAN EXPRESS)



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accepted).

- Entries received after December 10, 2017, will be considered late and will be accepted only at the discretion of the Chief Referee. Late entries will be assessed a \$25 late fee.
- Persons paying by check will be charged an additional \$30 for any returned check. Persons contesting the charges on their credit card for their entry fees (charges will show up as Northern Lights FSC) will also be charged an additional \$30 fee. All further payment must be made by cash, money order, or certified funds. Skaters will not be allowed to practice or compete until all such debts are satisfied.
- **Notification of competition and practice ice times will NOT be available by phone, mail, or e-mail.**
- **Skater's and Coach's schedules will be available via the web at [www.northernlightsfsc.com](http://www.northernlightsfsc.com).**
- The competition committee reserves the right to limit entries in any event or to cancel an event. Entry fees will only be refunded in accordance with refund policy below.

Synchro Skills 1-3 events should be run in accordance to the 2017-18 Learn to Skate USA Competition Manual (a maximum of 6 teams per group).

For Synchro Skills 1-3, if a team fits into one level age-wise, but would like more of a challenge, they should be able to "skate-up" one level (for example, team has majority of skaters under 9 years old but would like to skate in the Synchro Skills 2, they should be allowed).

**IMPORTANT SPECIAL NOTE:** It is the skater's and coach's responsibility to verify that the skater has entered the correct event and level. Any changes after an application has been submitted will only be made with permission from the referee. Any changes or additions made will be assessed a \$25 fee. Please also check the website [www.northernlightsfsc.com](http://www.northernlightsfsc.com) for any possible changes or corrections to your application.

**REFUND POLICY:** Refunds, *minus* the online transaction fee and a \$25 processing fee, are available if withdrawal is prior to December 10, 2017. After December 10, 2017, entry refunds are only available if the competition is not held. All refunds will be handled in the same manner as was paid. Check or cash payment will be refunded via club check and credit card payments will be refunded to the card used to pay the fees. Please contact Karen Peterson at [karen.peterson4267@gmail.com](mailto:karen.peterson4267@gmail.com) for refund information.

**FACILITIES:** All **Individual** events will be skated at the **VFW Arena**, 711 Third St. SE, East Grand Forks (ice surface of 85' x 190'). The **Synchronized Team** competition will be held at the **Civic Center**, 300 15<sup>th</sup> St. NE, East Grand Forks (ice surface of 85' x 200')

### **MUSIC:**

UPLOAD/SUBMISSION-Online music submission is the ONLY acceptable method to submit program music. The uploaded program MUST conform to the following specifications: - Only one piece of competition program music (e.g. Short Program, Free Skate, etc.) per file is allowed. - The uploaded file must be an MP3 File. Simply changing the file extension to "mp3" from another file format is not acceptable. - Bit Rate of 192 kbps or higher is requested. - The file should not contain any ID3 metadata (tags). Especially NO embedded images such as album cover art, picture of the skater, etc. - Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition. After you have registered and paid for your events in EntryEeze, the system will prompt you to upload your music for each event that requires music. If your music is not available at that time, you can logout of your account and return later to upload your music by going to the "competition" tab and then selecting "My Music".

Please have separate CDs for practice.

Please have separate CD's immediately available rink-side during competition should there be a music issue.



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Music issues during a performance - In most situations, the event referee will NOT stop a performance due to music skipping, poor quality, music stops completely, incorrect tempo or similar issues. For such situations during a performance, the skater should immediately approach the event referee for resolution. Please note rule 1403 C of the USFS rulebook: If the tempo or quality of the music is deficient, the competitor/couple/team must stop skating and notify the event referee. Backup music must be readily available at rink-side

The LOC is NOT responsible for damage to or loss of CDs. CDs not picked up by the end of the competition are NOT the responsibility of the LOC and will be destroyed.

The LOC may assess each competitor an additional charge of \$25 per event if the competitor:

- 1) Fails to submit their music prior to the close of online music submission
- 2) Submits files that do not correspond to the specifications above or
- 3) Submits with the incorrect music or needs to make changes to their music after the close of online music submission

**LIABILITY:** U.S. Figure Skating, Northern Lights FSC, VFW Arena, and Civic Center Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the 2017-18 edition of the official U.S. Figure Skating Rulebook.

**JUDGING SYSTEM:** The majority 6.0 Judging System will be used for all events.

**REGISTRATION INDIVIDUAL COMPETITION:** The registration desk will be located in the front lobby of the VFW Arena and will open on Thursday, January 11, 2018 at 5 p.m. The desk will remain open during all scheduled events and practice sessions. All skaters must be checked in with the rink side monitor 45 minutes before their event and should not leave the area. Always check posted announcements for any possible changes. If a skater is not present for their warm-up time, they cannot skate that event.

**REGISTRATION SYNCHRONIZED SKATING COMPETITION:** The registration desk will be located in the front lobby of the Civic Center Arena and will open on Sunday, January 14, 2018 at 7 a.m. The desk will remain open during all scheduled events and practice sessions. All skaters must be checked in with the rink side monitor 45 minutes before their event and should not leave the area. Always check posted announcements for any possible changes. If a skater is not present for their warm-up time, they cannot skate that event.

**CANADIAN INDIVIDUAL SKATERS:** Canadian individual skaters do not need to change their programs if they wish to register for this competition. All Canadian skaters will be allowed to skate their official program. In events where the Canadian program may be longer with additional elements, extra elements not included in the USFS rules will not be judged.

**PRACTICE ICE INDIVIDUAL COMPETITION:** No official practice ice is included with your registration fees. Individual practice ice can be purchased online after the event schedule is complete. The times for these sessions will be scheduled before the competition starts on both Friday and Saturday mornings and possibly late Friday evening. Individual practice will be held at the VFW Arena. The cost will be \$20 per 30-minute session. Music will not be allowed.

**PRACTICE ICE SYNCHRONIZED SKATING COMPETITION:** Synchronized teams may purchase 20-minute sessions of practice ice for \$85. Sessions can be purchased online at [www.northernlightsfsc.com](http://www.northernlightsfsc.com). Practice Ice will be **Friday, January 12, 9-11 pm and Saturday, January 13, 5-11 pm.**

**ADMISSION:** The competition is open to the general public for viewing free of charge. The VFW Arena and Civic Center Arena concession stands will be open during practice times and throughout the entire competition.



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**PHOTOGRAPHY:** A photographer will be taking award photos of 1<sup>st</sup> through 4<sup>th</sup> place skaters using digital photography. In addition, on-ice action shots of every skater will be taken during the competition, which will also be available for purchase. Please accept your award promptly after the results are posted so that all winners may pose for the group photograph. We ask that all group winners pose for the group picture even if you do not plan to purchase a picture. There will be no flash photography allowed in the arena.

**AWARDS INDIVIDUAL COMPETITION:** Awards for individual events will be posted and presented off ice immediately after each event. Medals will be given for 1<sup>st</sup> through 4<sup>th</sup> placements in each scheduled group.

**AWARDS SYNCHRONIZED SKATING COMPETITION:** Individual medals will be given for 1st through 3rd place in each of the Synchronized groups.

**OFFICIAL NOTICES:** An official bulletin board will be maintained on the east wall of the arena. It is the responsibility of each competitor, parent, and/or coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. The official schedule of events will be posted electronic through Entreeze no later than 14 calendar days prior to the commencement of the competition.

### INFORMATION REGARDING COACHES:

To coach at a U.S. Figure Skating nonqualifying competition, a professional coach or choreographer must be:

- ✓ Declared by the skater or team in the registration process
- ✓ Listed as Coaches Education Requirement (CER) Category A or B for the current Season. If coaches are ONLY coaching a Basic Skills Level 1-3 team, then a Basic Skills Instructor Membership is sufficient. If the coach is coaching any other level teams at a nonqualifying event, then he/she must have at least CER B for the current season.
- ✓ Current with Coach Registration (requires annual fee and background check)
- ✓ A current member in good standing with U.S. Figure Skating

A coaches' requirements chart can be found here:

<http://www.usfigureskating.org/Content/Coaches%20Requirement%20Chart.pdf>

The local organizing committee/club will have a list of coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential. Coaches who are NOT on the list will need to show proof of membership in U.S. Figure Skating, a Coaches Registration card, proof of Category A or B compliance and a photo I.D. at check in. **If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge all coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions.**

### CONTACT INFORMATION:

Competition web site: Karen Peterson (218.779.5861), e-mail [karen.peterson4267@gmail.com](mailto:karen.peterson4267@gmail.com)

For questions, please contact the following individuals:

Competition Chair: Karen Peterson (218.779.5861) (accepts text messages), e-mail [karen.peterson4267@gmail.com](mailto:karen.peterson4267@gmail.com)

Competition Co-Chair: Tracy Anderson (701.740.5693) (accepts text messages), e-mail [taanderson3348@gmail.com](mailto:taanderson3348@gmail.com)

Chief Referee: Lisa Landon [lisa\\_landon@comcast.net](mailto:lisa_landon@comcast.net)

Practice Ice: Karen Peterson (218.779.5861), e-mail [karen.peterson4267@gmail.com](mailto:karen.peterson4267@gmail.com)





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## ADDITIONAL INFORMATION:

For a list of hotels in the Grand Forks/East Grand Forks area please visit <https://www.visitgrandforks.com/>.

**LOCKER ROOM ASSIGNMENTS:** Each club will be assigned a locker room for individual skaters. Information will be posted at the registration table and club names will be posted on the locker room doors. Locker room assignments for Synchronized teams will be posted at the registration table. Upon your arrival, please note enter and exit times for locker rooms.

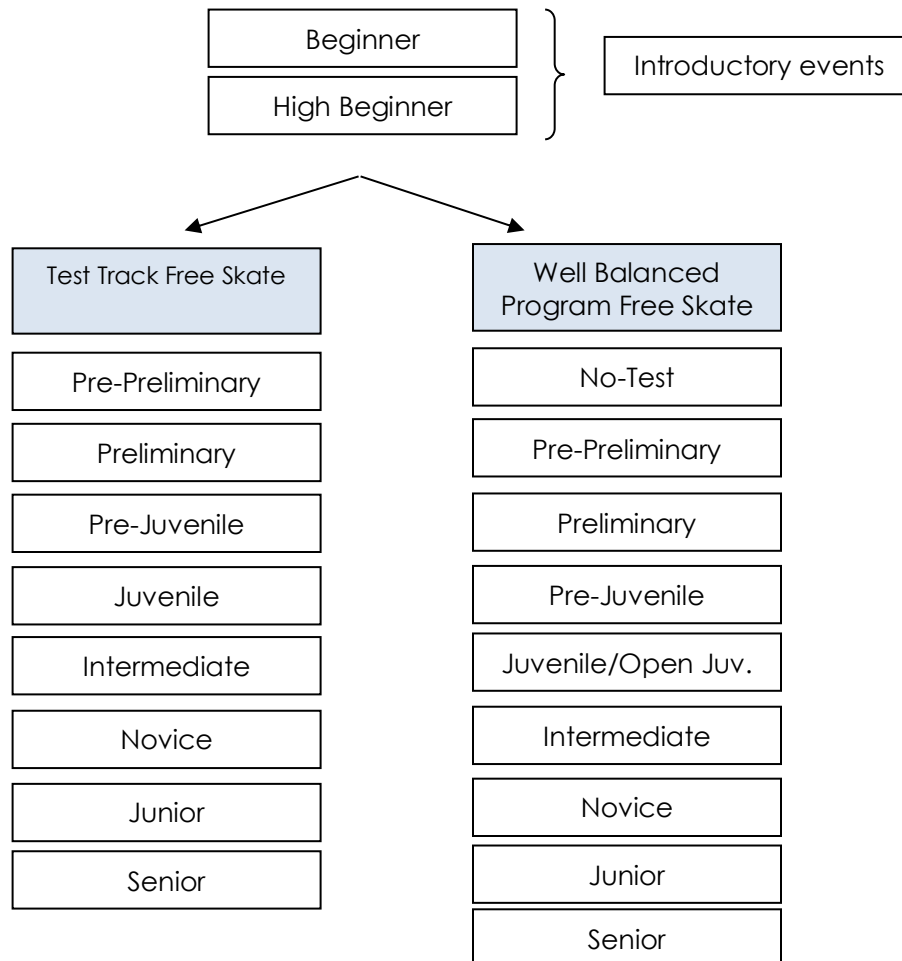


## EVENTS

### SINGLES FREE SKATING EVENTS

See current rulebook for current rules and requirements.

Illustration of Singles Free Skating Events:





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### EVENT: Introductory Levels Free Skate Program

General event parameters:

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- Minimum number of spin revolutions is in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	Max. 5 jump elements: <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front).</li> <li>• Max. 2 jump sequences</li> <li>• Max. 2 of any same jump</li> </ul>	Max. 2 spins: <ul style="list-style-type: none"> <li>• Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests
High Beginner 1:40 Maximum	Max. 5 jump elements: <ul style="list-style-type: none"> <li>• Jumps with no more than one-half rotation (front to back or back to front including half-loop)</li> <li>• Single rotation jumps: Salchow and toe loop only.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump.</li> </ul>	Max. 2 spins: <ul style="list-style-type: none"> <li>• Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests



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## Well Balanced Free Skate

2017-18	JUMP ELEMENTS	SPINS	STEP SEQUENCES
<p><b>NO TEST</b></p> <p><b>1:40 maximum</b></p> <p>*means element is required</p>	<p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>All single jumps allowed except for the single Axel               <ul style="list-style-type: none"> <li>No single Axels, double, triple or quadruple jumps allowed</li> <li>Number of single jumps (except single Axels) is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>Max 2 jump combinations or jump sequences               <ul style="list-style-type: none"> <li>Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed</li> <li>Jump sequences limited to a maximum of 3 single jumps</li> </ul> </li> </ul>	<p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>Spins may change feet and/or position</li> <li>Spins may start with a flying entry</li> <li>Min 3 revs.</li> </ul> <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>Step Sequence               <ul style="list-style-type: none"> <li>Must use one-half the ice surface</li> <li>Moves in the field and spiral sequences are allowed but will not be counted as elements</li> <li>Jumps may be included in the step sequence</li> </ul> </li> </ul> <p><b>If IJS is used, then: ChSt</b></p>
<p><b>PRE-PRELIMINARY</b></p> <p><b>1:40 maximum</b></p> <p>*means element is required</p>	<p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>All single jumps, including the single Axel, allowed               <ul style="list-style-type: none"> <li>No double, triple or quadruple jumps allowed</li> <li>Axel may be repeated once as a solo jump or part of a jump sequence or jump combination (maximum of 2 single Axels)</li> <li>Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>Max 2 jump combinations or jump sequences               <ul style="list-style-type: none"> <li>Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 3 single jumps is allowed</li> <li>Jump sequences limited to a maximum of 3 single jumps</li> </ul> </li> </ul>	<p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>Spins may change feet and/or position</li> <li>Spins may start with a flying entry</li> <li>Min 3 revs.</li> </ul> <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>Step Sequence               <ul style="list-style-type: none"> <li>Must use one-half the ice surface</li> <li>Moves in the field and spiral sequences are allowed but will not be counted as elements</li> <li>Jumps may be included in the step sequence</li> </ul> </li> </ul> <p><b>If IJS is used, then: ChSt</b></p>
<p><b>PRELIMINARY</b></p> <p><b>1:30 +/- 10 sec</b></p> <p>*means element is required</p>	<p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump or a waltz jump*</li> <li>All single jumps, including the single Axel, allowed. Only 2 different double jumps may be attempted (limited to double Salchow, double toe loop and double loop)               <ul style="list-style-type: none"> <li>Double flip, double Lutz, double Axel, triple and quadruple jumps not allowed</li> <li>An Axel plus up to two different, allowable double jumps may be repeated once (but not more) as solo jumps or part of a jump sequence or jump combination</li> <li>Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>Max 2 jump combinations or sequences               <ul style="list-style-type: none"> <li>Jump combinations limited to 2 jumps except that one three jump combination with a maximum of 2 double jumps and 1 single jump is allowed</li> <li>Jump sequences limited to a maximum of 3 single or double jumps</li> </ul> </li> </ul>	<p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>Spins may change feet and/or position</li> <li>Spins may start with a flying entry</li> <li>Min 3 revs.</li> </ul> <p>These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>Step Sequence               <ul style="list-style-type: none"> <li>Must use one-half the ice surface</li> <li>Moves in the field and spiral sequences are allowed but will not be counted as elements</li> <li>Jumps may be included in the step sequence</li> </ul> </li> </ul> <p><b>If IJS is used, then: ChSt</b></p>
<p><b>PRE-JUVENILE</b></p> <p><b>2:00 +/- 10 sec</b></p> <p>*means element is required</p>	<p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>1 must be an Axel-type jump*</li> <li>All single and double jumps allowed except for the double Axel               <ul style="list-style-type: none"> <li>No double Axels, triple or quadruple jumps allowed</li> <li>An Axel plus up to 3 different double jumps may be repeated once (but no more) as solo jumps or part of a jump sequence or jump combination</li> <li>Number of single jumps is not limited provided the maximum number of jump elements allowed is not exceeded</li> </ul> </li> <li>Max 2 jump combinations or sequences               <ul style="list-style-type: none"> <li>Jump combinations limited to 2 jumps except that one 3-jump combination with a maximum of 2 double jumps and 1 single jump is allowed</li> <li>Jump sequences limited to a maximum of 3 single or double jumps</li> </ul> </li> </ul>	<p><b>Max 2 Spins</b></p> <ul style="list-style-type: none"> <li>1 spin combination, with or without change of foot*               <ul style="list-style-type: none"> <li>Min 6 revs</li> </ul> </li> <li>1 spin with only 1 position*               <ul style="list-style-type: none"> <li>No change of foot</li> <li>Min 4 revs</li> </ul> </li> </ul> <p>Both spins may start with a flying entry These spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>Step Sequence               <ul style="list-style-type: none"> <li>Must fully utilize the ice surface</li> <li>Moves in the field and spiral sequences are allowed but will not be counted as elements</li> <li>Jumps may be included in the step sequence</li> </ul> </li> </ul> <p><b>If IJS is used, then: ChSt</b></p>





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<p style="text-align: center;"><b>OPEN JUVENILE</b></p> <p style="text-align: center;"><b><u>2:20</u> +/- 10 sec</b></p> <p>*means element is required</p>	<p><b>Max 5 Jump Elements</b></p> <ul style="list-style-type: none"> <li>• 1 must be an Axel-type jump*</li> <li>• All single and double jumps, including the double Axel, allowed <ul style="list-style-type: none"> <li>○ No triple or quadruple jumps allowed</li> <li>○ No more than 3 different double jumps may be repeated and, if repeated, at least one attempt must be in a jump combination or a jump sequence <ul style="list-style-type: none"> <li>▪ If both executions (of the double) are as solo jumps, the second of these jumps will receive 70% of its original base value</li> </ul> </li> <li>○ No double jump can be included more than twice</li> </ul> </li> <li>• Max 2 jump combinations or sequences <ul style="list-style-type: none"> <li>○ Jump combinations limited to 2 jumps except one 3-jump combination with a maximum of 2 double jumps and 1 single jump is allowed</li> <li>○ Number of jumps in jump sequence is not limited</li> </ul> </li> </ul>	<p><b>Max 2 Spins</b></p> <p>1 spin combination; with or without change of foot*</p> <ul style="list-style-type: none"> <li>○ Min 8 revs</li> <li>○ Min 2 revs in each position</li> <li>• 1 spin with only 1 position; no change of foot* <ul style="list-style-type: none"> <li>○ Min 5 revs</li> </ul> </li> </ul> <p>Both spins may start with a flying entry Spins must be of a different character (For definition see U.S. Figure Skating rule 4103 (E))</p>	<p><b>Max 1 Sequence</b></p> <ul style="list-style-type: none"> <li>• One choreographic step sequence* <ul style="list-style-type: none"> <li>○ Must fully utilize the ice surface</li> </ul> </li> </ul>
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**EVENT:** 2017-18 Test Track Free Skate – Introductory through Senior levels

General event parameters:

1. Skaters may not enter both a Well-Balanced Free Skate event and a Test Track Free Skate event at the same nonqualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest Free Skate test passed. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.
4. Minimum number of spin revolutions are in ( ) following the spin description. Revolutions must be in position.
5. The following deductions will be taken:
  - a. 0.1 from each mark for each technical element included that is not permitted in the event description.
  - b. 0.2 from the technical mark for each extra element included.
  - c. 0.1 from the technical mark for any spin that is less than the required minimum revolutions.

Level	Jumps	Spins	Step Sequences	Qualifications
Pre-Preliminary 1:40 maximum	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with not more than one-half rotation (<i>front to back or back to front including half-loop</i>)</li> <li>• Single rotation jumps: Salchow, toe loop and loop only.</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• Two spins of a different nature, one position only. No change of foot, no flying entry. (Min. 3 revolutions)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating pre-preliminary free skate test
Preliminary 1:30 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with not more than one rotation (no Axels).</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• One spin in one position; no change of foot, no flying entry. (Min. 3 revolutions)</li> <li>• One spin consisting of a front scratch to back scratch; exit on spinning foot not mandatory. (Min. 3 revolutions per foot)</li> </ul>	Connecting moves and steps should be demonstrated throughout the program	Skaters must have passed at least the U.S. Figure Skating pre-preliminary free skate test but may not have passed tests higher than the preliminary free skate test
Pre-Juvenile 2:00 +/- 10 sec.	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>• Jumps with not more than one rotation (no Axels).</li> <li>• Max. 2 jump combinations or sequences</li> <li>• Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>• One spin in one position, no change of foot (Min. 3 revolutions)</li> <li>• One combination spin: forward camel spin to forward sit spin; change of foot optional (Min. 6 revolutions). Spins may not fly.</li> </ul>	One step sequence fully utilizing ice surface	Skaters must have passed at least the U.S. Figure Skating preliminary free skate test but may not have passed tests higher than pre-juvenile free skate test



## U.S. Figure Skating Nonqualifying Competitions

<p>Juvenile</p> <p>2:20 +/- 10 sec.</p>	<p><i>Maximum of 5 jump elements:</i></p> <ul style="list-style-type: none"> <li>Any single jumps, including Axel, are permitted.</li> <li>Max. 2 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>One solo spin in one position, no change of foot (Min. 4 revolutions).</li> <li>One combination spin with one change of foot and at least one change of position, must include two of the basic spin positions. (Min. 4 revolutions per foot)</li> <li>Only solo spin may fly</li> </ul>	<p>One step sequence fully utilizing ice surface</p>	<p>Skaters must have passed at least the U.S. Figure Skating pre-juvenile free skate test but may not have passed tests higher than juvenile free skate test</p>
<p>Intermediate</p> <p>2:40 +/- 10 sec.</p>	<p><i>Maximum of 6 jump elements:</i></p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow and double toe loop.</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 2 spins:</i></p> <ul style="list-style-type: none"> <li>One must be a flying spin (min 5 revolutions),</li> <li>One must be a combination spin with at least one change of foot and at least one change of position (minimum 4 revolutions per foot).</li> </ul>	<p>One step sequence fully utilizing ice surface</p>	<p>Skaters must have passed at least the U.S. Figure Skating juvenile free skate test but may not have passed tests higher than intermediate free skate test</p>
<p>Novice</p> <p>Ladies: 3:00 +/- 10 sec. Men: 3:30 +/- 10 sec.</p>	<p><i>Maximum of 7 jump elements for men and 6 for ladies:</i></p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow, double toe loop and double loop.</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 3 spins, of a different nature:</i></p> <ul style="list-style-type: none"> <li>One must be a combination spin with at least one change of foot and at least one change of position (min 5 revs per foot)</li> <li>The other spins are the option of the skater (min 6 revolutions per foot)</li> <li>All spins may fly</li> </ul>	<p>One step sequence or spiral sequence fully utilizing ice surface</p> <p>(see rule 4104 &amp; 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating intermediate free skate test but may not have passed tests higher than novice free skate test</p>
<p>Junior</p> <p>Ladies: 3:30 +/- 10 sec. Men: 4:00 +/- 10 sec.</p>	<p><i>Maximum of 8 jump elements for men and 7 for ladies:</i></p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Double jumps permitted: double Salchow, double toe loop, double loop and double flip</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p><i>Maximum of 3 spins of a different nature:</i></p> <ul style="list-style-type: none"> <li>One spin in one position (Min. 6 revolutions)</li> <li>One flying spin (Min. 6 revolutions)</li> <li>One combination spin consisting of all three basic positions and one change of foot (2 per position, min. 5) revolutions per foot)</li> </ul>	<p>One step sequence fully utilizing ice surface</p> <p>(See rule 4105 for remarks)</p>	<p>Skaters must have passed at least the U.S. Figure Skating novice free skate test but may not have passed tests higher than junior free skate test</p>



## U.S. Figure Skating Nonqualifying Competitions

<p>Senior</p> <p>Ladies: 4:00 +/- 10 sec. Men: 4:30 +/- 10 sec.</p>	<p>Maximum of 8 jump elements for men and 7 for ladies:</p> <ul style="list-style-type: none"> <li>Any single jumps.</li> <li>Must include at least four different double jumps, one must be a double Lutz.</li> <li>Triple jumps are not permitted</li> <li>Maximum of 3 jump combinations or sequences</li> <li>Max. 2 of any same type jump</li> </ul>	<p>Maximum of 3 spins of a different nature:</p> <ul style="list-style-type: none"> <li>One spin in one position (Min. 6 revolutions)</li> <li>One flying spin (Min. 6 revolutions)</li> <li>One combination spin consisting of all three basic spin positions and one change of foot (2 per position, min. 5 revolutions per foot)</li> </ul>	<p>Men: Two different step sequences, one being of advanced difficulty, both fully utilizing the ice surface. (See rule 4105 for remarks)</p> <p>Ladies: One step sequence of advanced difficulty, covering the full ice surface and one spiral sequence. (See rule 4104 &amp; 4105 for remarks.)</p>	<p>Skaters must have passed at least the U.S. Figure Skating junior free skate test</p>
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### EVENT: Introductory Levels Compulsory Event

Format: In simple program form, using a limited number of connecting steps, the skating order of the required elements is optional.

- To be skated on ½ ice.
- No music is allowed.
- The skater must demonstrate the required elements and may use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
Beginner	1:15 max.	<ul style="list-style-type: none"> <li>Waltz jump</li> <li>½ jump of choice</li> <li>Forward two-foot or one-foot spin - minimum three revolutions (free leg position optional)</li> <li>Forward or backward spiral</li> </ul>
High Beginner	1:15 max.	<ul style="list-style-type: none"> <li>Toe loop jump</li> <li>Salchow jump</li> <li>Forward scratch spin - minimum three revolutions</li> <li>Forward or backward spiral</li> </ul>



## U.S. Figure Skating Nonqualifying Competitions

### EVENT: COMPULSORY MOVES

General event parameters:

1. No Test – Pre-Juvenile: Elements skated on ½ ice and may NOT have music
2. Juvenile – Senior: Elements skated on full-ice and may have music
3. The skater must demonstrate the required elements (performed once only) and may use any additional elements from previous levels.
4. A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
No-Test	1:15 max.	<ol style="list-style-type: none"> <li>1. Loop jump</li> <li>2. Jump combination to include a toe loop (may not use a loop or Axel)</li> <li>3. Solo spin - sit or camel spin - minimum three revolutions</li> <li>4. Spiral sequence, must include a forward and backward spiral. Additional spirals and balance moves may be included.</li> </ol>
Pre-Preliminary	1:15 max.	<ol style="list-style-type: none"> <li>1. Toe Loop jump</li> <li>2. Jump combination: single/single (no Axel)</li> <li>3. Sit spin or camel spin - minimum three revolutions</li> <li>4. Spiral sequence with one forward spiral and one backward spiral (any edge)</li> </ol>
Preliminary	1:15 max.	<ol style="list-style-type: none"> <li>1. Single Lutz</li> <li>2. Jump combination: single/single (may include Axel)</li> <li>3. Back upright spin - minimum three revolutions</li> <li>4. Forward inside spiral</li> </ol>
Pre – Juvenile	1:15 max.	<ol style="list-style-type: none"> <li>1. Single jump (may include Axel)</li> <li>2. Jump combination: single/single (may include Axel)</li> <li>3. Layback spin or camel spin - minimum three revolutions</li> <li>4. Step sequence - circular</li> </ol>
Juvenile & Open Juv.	1:15 max.	<ol style="list-style-type: none"> <li>1. Single Axel</li> <li>2. Jump combination: single/single or double/single</li> <li>3. Layback spin or camel spin - minimum three revolutions</li> <li>4. Step sequence – circular</li> </ol> <p>*Full Ice Music Allowed</p>
Intermediate	1:30 max.	<ol style="list-style-type: none"> <li>1. Double Salchow or double toe loop</li> <li>2. Jump combination: single/single or double/single</li> <li>3. Flying spin, minimum five revolutions</li> <li>4. Step sequence – straight line</li> </ol> <p>*Full Ice Music Allowed</p>
Novice	1:30 max.	<ol style="list-style-type: none"> <li>1. Double loop</li> <li>2. Jump combination: double/single or double/double</li> <li>3. Flying spin - minimum five revolutions</li> <li>4. Step sequence – straight line</li> </ol> <p>* Full Ice Music Allowed</p>
Junior	1:30 max.	<ol style="list-style-type: none"> <li>1. Double flip</li> <li>2. Jump combination: double/double or triple/double</li> <li>3. Combination spin - minimum 10 revolutions</li> <li>4. Step sequence – straight line</li> </ol> <p>* Full Ice Music Allowed</p>
Senior	1:30 max.	<ol style="list-style-type: none"> <li>1. Double Lutz</li> <li>2. Jump combination: double/double or triple/double</li> <li>3. Combination spin - minimum 10 revolutions</li> <li>4. Step sequence – straight line</li> </ol> <p>* Full Ice Music Allowed</p>



## U.S. Figure Skating Nonqualifying Competitions

### EVENT: Spins Challenge

General event parameters:

1. Spins may be skated in any order. Connecting steps are allowed, but will not be taken into consideration in scoring. Spins may not be repeated. Only required elements may be included.
2. Beginner to Pre-Juvenile events are skated on ½ Ice with No Music
3. Juvenile to Senior are skated on Full Ice and Music is allowed
4. Minimum number of revolutions are noted in parentheses.

Level	Time	Skating rules / standards
Beginner	1:30 max.	<ol style="list-style-type: none"> <li>1. Upright one-foot spin (3)</li> <li>2. Upright two-foot spin (3)</li> <li>3. Sit spin (3)</li> </ol> *1/2 Ice No Music
High Beginner	1:30 max.	<ol style="list-style-type: none"> <li>1. Upright one-foot spin (3)</li> <li>2. Upright two-foot spin (3)</li> <li>3. Sit spin (3)</li> </ol> *1/2 Ice No Music
No-Test	1:30 max.	<ol style="list-style-type: none"> <li>1. Upright one-foot spin (3)</li> <li>2. Upright two-foot spin (3)</li> <li>3. Sit spin (3)</li> </ol> *1/2 Ice No Music
Pre – Preliminary	1:30 max.	<ol style="list-style-type: none"> <li>1. Upright one-foot spin (3)</li> <li>2. Upright back scratch spin (3)</li> <li>3. Sit spin (3)</li> </ol> *1/2 Ice No Music
Preliminary	1:30 max.	<ol style="list-style-type: none"> <li>1. Forward scratch to back scratch spin (3)</li> <li>2. Combination spin with no change of foot (4)</li> <li>3. Sit spin (3)</li> </ol> *1/2 Ice No Music
Pre – Juvenile	1:30 max.	<ol style="list-style-type: none"> <li>1. Camel spin (3)</li> <li>2. Combination spin – camel to sit spin; no change of foot (6)</li> <li>3. Forward to backward scratch spin (3 per foot)</li> </ol> *1/2 Ice No Music
Juvenile & Open Juv.	1:30 max.	<ol style="list-style-type: none"> <li>1. Sit spin (4)</li> <li>2. Combination spin – with change of foot; optional change of position (4 per foot)</li> <li>3. Girls – layback spin (4); Boys – camel spin (4)</li> </ol> *Full Ice Music Allowed
Intermediate	1:30 max.	<ol style="list-style-type: none"> <li>1. Flying camel spin (5)</li> <li>2. Sit spin to backward sit spin (4 per foot)</li> <li>3. Combination spin – change of foot &amp; change of position (4 per foot)</li> </ol> *Full Ice Music Allowed
Novice	1:30 max.	<ol style="list-style-type: none"> <li>1. Choice of camel, sit or layback spin (6)</li> <li>2. Camel spin to backward camel spin (4 per foot in position)</li> <li>3. Combination spin – change of foot &amp; two changes of position (2 per position &amp; 5 per foot)</li> </ol> *Full Ice Music Allowed
Junior	1:30 max.	<ol style="list-style-type: none"> <li>1. Flying sit spin or flying reverse sit spin (6)</li> <li>2. Solo spin of choice (6) – may not fly</li> <li>3. Combination spin – with change of foot &amp; utilizing all three positions (2 per position &amp; 5 per foot)</li> </ol> *Full Ice Music Allowed
Senior	1:30 max.	<ol style="list-style-type: none"> <li>1. Flying spin of choice (6)</li> <li>2. Solo spin of choice (6) – may not fly</li> <li>3. Combination spin – with change of foot &amp; utilizing all three positions (2 per position &amp; 5 per foot)</li> <li>4. *Full Ice Music Allowed</li> </ol>





## U.S. Figure Skating Nonqualifying Competitions

**EVENT:** Showcase Events – Dramatic Entertainment Events

Format:

- Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions. The entire gamut of emotions may be expressed including intense joy and/or introspectiveness.
- Props and scenery ARE permitted.

General event parameters:

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed, as listed in the table below. Skaters may compete at the highest level they have passed, or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline.
3. Current guidelines and procedures for nonqualifying showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org), under “Programs” on the National Showcase page.

**EVENT:** Showcase Events – Light Entertainment Events

Format:

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Props and scenery are permitted.

General event parameters:

4. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
5. The determination of level will be based upon test requirement at the entry deadline.
6. Current guidelines and procedures for nonqualifying showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org), under “Programs” on the National Showcase page.

### Light and Dramatic Entertainment Levels:

Event	Must meet requirements*	Must not have passed	Age	Time
No Test <small>(does not qualify for National Showcase)</small>	No Free Skate test passed	Pre-Preliminary Free Skate OR Any Free Dance	No age restriction	1:30 max
Pre-Preliminary <small>(does not qualify for National Showcase)</small>	Pre-Preliminary Free Skate	Preliminary Free Skate OR Any Free Dance	No age restriction	1:30 max
Preliminary	Preliminary Free Skate	Pre Juvenile Free Skate OR Juvenile Free Dance	No minimum age <b>(max age 20)</b>	1:40 max
Pre Juvenile	Pre Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age <b>(max age 20)</b>	1:40 max
Juvenile	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	3 and under	2:10 max
Teen	Juvenile Free Skate OR Juvenile Free Dance	Intermediate Free Skate OR Intermediate Free Dance	14-17	2:10 max



## U.S. Figure Skating Nonqualifying Competitions

Intermediate	Intermediate Free Skate OR Intermediate Free Dance	Novice Free Skate OR Novice Free Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate OR Juvenile Free Dance	Novice Free Skate OR Novice Free Dance	18-20	2:10 max
Novice	Novice Free Skate OR Novice Free Dance	Junior Free Skate OR Junior Free Dance		2:10 max
Junior	Junior Free Skate OR Junior Free Dance	Senior Free Skate OR Senior Free Dance		2:40 max
Senior	Senior Free Skate OR Senior Free Dance			2:40 max

### EVENT: Solo Pattern Dance

General event parameters:

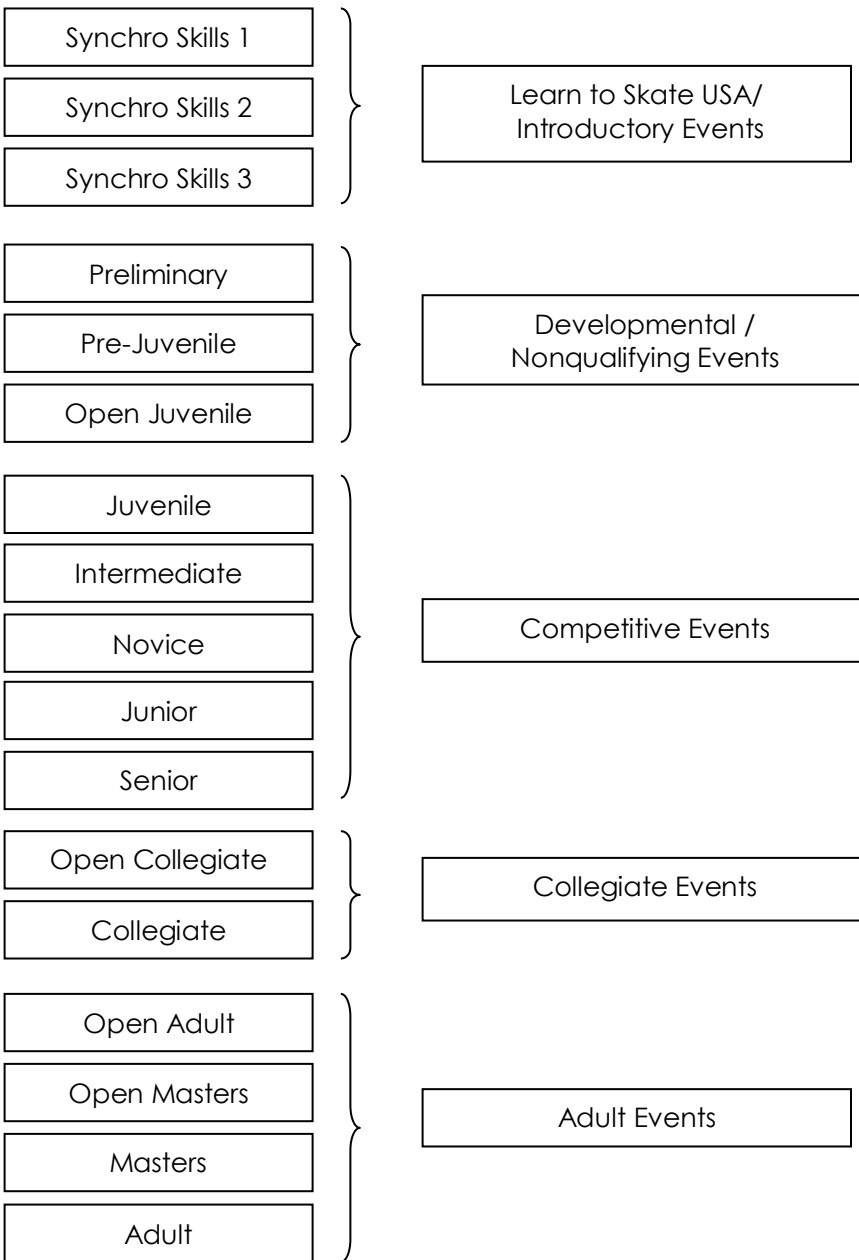
1. Levels are based upon the skaters' highest pattern dance test passed.
2. A solo pattern dance competition event will consist of the skater performing two solo pattern dances.
3. Skaters will complete both of the dances at each level. Dances will be scheduled consecutively.
4. Skaters may compete at their test level AND/OR one level higher

Level	January 1- March 31 <sup>st</sup>
Preliminary	1. Dutch Waltz 2. Canasta Tango
Pre-bronze	1. Swing 2. Cha-Cha
Bronze	1. Hickory Hoedown 2. Willow Waltz
Pre-silver	1. Fourteenstep 2. European Waltz
Silver	1. American Waltz 2. Silver Tango
Pre-gold	1. Killian 2. Blues
Gold	1. Viennese Waltz 2. Argentine Tango



## U.S. Figure Skating Nonqualifying Competitions

Illustration of Synchronized Skating competitive pipeline and events; age restrictions, test requirements, and program duration are on the next page:



### A. Synchro Skills 1:

A team of 8 to 16 skaters. The majority of the team must be under 9. No skaters may have passed higher than a preliminary test.

Program duration: 1 ½ -2 minutes 10 seconds.

Rules: <http://www.usfigureskating.org/programs?id=84096&menu=synchronized>

### B. Synchro Skills 2:

A team of 8 to 16 skaters. The majority of the team must be under 12 years old. No skaters may have passed higher than a preliminary test.

Program duration: 1 ½ -2 minutes 10 seconds.

Rules: <http://www.usfigureskating.org/programs?id=84096&menu=synchronized>

### C. Synchro Skills 3:

A team of 8 to 16 skaters. The majority of the team must be at least 12 years old. No skaters may have passed higher than a preliminary test.

Program duration: 2 – 2 minutes 40 seconds.

Rules: <http://www.usfigureskating.org/programs?id=84096&menu=synchronized>



## U.S. Figure Skating Nonqualifying Competitions

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- D. Preliminary:** A team of 8 to 16 skaters. All skaters must be under 12. The majority of the team must be under 10.  
Program duration: 2 minutes.  
Well balanced program: Rule 7270
- E. Pre-Juvenile:** A team of 8 to 16 skaters. The majority of the team must be under 12.  
Program duration: 2 minutes, 15 seconds.  
Well balanced program: Rule 7260
- F. Open Juvenile:** A team of 8 to 16 skaters. Skaters must be under 20 and have passed the pre-preliminary moves in the field test.  
Program duration: 2 ½ minutes.  
Well balanced program: Rule 7250
- G. Juvenile:** A team of 12 to 20 skaters. Skaters must be under 13 and have passed the pre-juvenile moves in the field test.  
Program duration: 3 minutes.  
Well balanced program: Rule 7240
- H. Intermediate:** A team of 12 to 20 skaters. Skaters must be under 18 and have passed the juvenile moves in the field test.  
Program duration: 3 ½ minutes.  
Well balanced program: Rule 7230
- I. Novice:** A team of 12 to 20 skaters. Skaters must be under 16, with the exception that up to 4 team members may be 16 or 17. All must have passed the juvenile moves in the field test.  
Program duration: 3 ½ minutes.  
Well balanced program: Rule 7220
- J. Junior:** A team of 12 to 16 skaters. Skaters must be at least 13 and under 19 on the preceding July 1. All skaters must have passed the novice moves in the field test.  
Short program duration: Maximum 2 minutes, 50 seconds  
Free skate duration: 4 minutes.  
Well balanced program and short program: Rule 7210
- K. Senior:** A team of 16 skaters. Skaters must be at least 15 on the preceding July 1 and have passed the junior moves in the field test.  
Short program duration: Maximum 2 minutes, 50 seconds  
Free skate duration: 4 ½ minutes.  
Well balanced program and short program: Rule 7200
- L. Open Collegiate:** A team of 8 to 16 skaters. Skaters must have a high school diploma or equivalent and be enrolled in a college or university as a full-time student, as of the entry deadline.  
Program duration: 3 minutes.  
Well balanced program: Rule 7290
- M. Collegiate:** A team of 12 to 20 skaters. Skaters must have a high school diploma or equivalent and be enrolled in a college or university as a full-time student, as of the entry deadline, and have passed the juvenile moves in the field test.  
Program duration: 4 minutes.  
Well balanced program: Rule 7280
- N. Open Adult:** A team of 8 to 16 skaters. The majority of skaters must be at least 19 years or older.  
Program duration: 2 ½ minutes.  
Well balanced program: Rule 7520



## U.S. Figure Skating Nonqualifying Competitions

### O. Open Masters:

A team of 8 to 16 skaters. Skaters must be at least 25, and the majority of the team must be at least 30.

Program duration: 2 ½ minutes.

Well balanced program: Rule 7530

### P. Masters:

A team of 12 to 20 skaters. Skaters must be at least 25, and the majority of the team must be at least 30.

Program duration: 3 minutes.

Well balanced program: Rule 7510

### Q. Adult:

A team of 12 to 20 skaters. All skaters must be at least 21 with the exception that up to four team members may be 18, 19 or 20 years of age. All skaters must have passed either the preliminary moves in the field test, the adult bronze moves in the field test, the preliminary figure test or the preliminary dance test.

Program duration: 3 minutes, 15 seconds.

Well balanced program: Rule 7500

Teams are permitted to have a maximum for four alternates, in addition to the maximum number of athletes allowed on the ice at their level.

### Crossover Rules:

No team may be comprised of more than 50% of athletes that are also on any other team. This applies to both the entire roster and the athletes that are skating on the ice at any given competition.

The chart below illustrates the levels where crossover skaters are allowed. The shaded areas indicate no crossovers are allowed. An "X" indicates crossovers are allowed between the two levels, providing all requirements are met as defined Rules 7200 – 7530, in addition to the statement above.

	Synchro Skills 1, 2 or 3	Preliminary	Pre - Juvenile	Open Juvenile	Juvenile	Intermediate	Novice	Junior	Senior	Open Collegiate	Collegiate	Open Adult	Open Masters	Masters	Adult
Synchro Skills 1, 2 or 3															
Preliminary															
Pre - Juvenile															
Open Juvenile															
Juvenile						X	X								
Intermediate					X		X	X	X						
Novice					X	X		X	X						
Junior						X	X		X		X				
Senior						X	X	X			X				X
Open Collegiate															
Collegiate								X	X						X
Open Adult															
Open Masters															
Masters															X
Adult									X		X			X	



# U.S. Figure Skating Nonqualifying Competitions

## 2018 Northern Star International Synchro Competition

**Synchronized Team Registration Form**  
Civic Center Arena, East Grand Forks, MN 56721  
January 14, 2018

**NOTE:** Minimum moves in the field test levels are not being required at this competition. (The restriction on beginner teams is always in effect, however. Skaters on beginner teams are not permitted to have passed higher than preliminary, and the majority of the team must be no-test.)

### COMPETITION WILL BE JUDGED UNDER THE 6.0 SYSTEM

Team name:		USFS/Skate Canada #:	
Club name:			
Team contact person:			
Daytime phone number:		E-mail:	
Address:		City	State / ZIP
Primary coach:		USFS/Skate Canada #	
Daytime phone number:		E-mail:	
Number of skaters:		Number of alternates:	

### Please check the level and/or event(s) entered:

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> BS Beginner 1 | <input type="checkbox"/> Open-Juvenile     | <input type="checkbox"/> Collegiate      |
| <input type="checkbox"/> BS Beginner 2 | <input type="checkbox"/> Juvenile          | <input type="checkbox"/> Open Collegiate |
| <input type="checkbox"/> BS Beginner 3 | <input type="checkbox"/> Intermediate      | <input type="checkbox"/> Open Adult      |
| <input type="checkbox"/> Preliminary   | <input type="checkbox"/> Novice            | <input type="checkbox"/> Adult           |
| <input type="checkbox"/> Pre-Juvenile  | <input type="checkbox"/> Junior Free Skate |  |

Certification of club officer: All skaters listed are members of \_\_\_\_\_(club) including alternates for the 2017-2018 season and are, to the best of my knowledge, eligible persons and are members in good standing of this club, and as such are eligible to compete under the USFS/Skate Canada rules governing this competition. The USFS, Skate Canada, Northern Lights FSC, Civic Center Arena, or VFW Arena will not be held liable for any injuries occurring during this competition in accordance with Rule 1600 of the 2017-18 edition of the official U.S. Figure Skating Rulebook.

Name of Officer	Title	Date
Fees: \$120 per Beginner team \$250 for all other teams		

This fee does not include practice ice – see Practice Ice Application for further details. Online registration via a secured credit card transaction will include an **online transaction fee**.

**APPLICATION DEADLINE:**  
**Online Registration - December 10, 2017**  
**Mailed entries must be RECEIVED by December 10, 2017**

Make checks payable to the **NORTHERN LIGHTS FIGURE SKATING CLUB** for mailed entries.

Mail the completed application and check to:  
Northern Lights Figure Skating Club  
P.O. Box 132





# U.S. Figure Skating Nonqualifying Competitions

## 2018 Northern Star International Synchro Competition

East Grand Forks, MN 56721

### Synchronized Team Roster Form

**NOTE:** Skaters on Beginner teams may be either full USFS/Skate Canada members or Basic Skills members.

Club Name: \_\_\_\_\_

Team Name: \_\_\_\_\_

Level: \_\_\_\_\_

**Note:** Place an asterisk (\*) next to every skater who crosses over to another team and identify to which team they cross over to.

**Note:** Team managers, please carry proof of age and birth date for all competitors.

SKATER NAMES IN ALPHABETICAL ORDER <u>Last Name first</u>	Birth Date	Age as of July 1	USFS/Skate Canada #	√ here if Individual Skater. List Free Skate level if checked.
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				
16.				
17.				
18.				
19.				
20.				
Alt. 1.***				
Alt. 2.***				
Alt. 3.***				
Alt. 4.***				

\*\*\*Teams are permitted to have a maximum of four alternates, in addition to the maximum number of athletes allowed on the ice at their level.



# U.S. Figure Skating Nonqualifying Competitions

## 2018 Northern Star International Synchro Competition

January 14, 2018

### ENTRY FORM 3: Liability Waiver / Certification by Club Officer

Team Name:	Level:
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*U.S. Figure Skating and the clubs or organizers of competitions undertake no responsibility for damages or injuries suffered by the skaters or officials. As a condition of and in consideration of the acceptance of their entries or participation therein, all entrants, their parents and guardians and officials shall be deemed to agree to assume all risks of injury to their person and property resulting from, caused by or connected with, the conduct and management of the competition, and to waive and release any and all claims which they may have against any officials, U.S. Figure Skating, the club hosting the competition, and against its officers, and their entries shall be accepted only on such condition.*

Skater names in alphabetical order	Skater signature or parent / guardian (if skater is under 18)
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	
11.	
12.	
13.	
14.	
15.	
16.	
17.	
18.	
19.	
20.	
Alt. 1	
Alt. 2	
Alt. 3	
Alt. 4	

**Club officer or skating school director:** *All of the skaters listed on the team entry form are to the best of my knowledge, eligible members in good standing and eligible to compete under U.S. Figure Skating or Skate Canada rules.*

Print Name:	Signature
Title:	
Club or Basic Skills program name:	



U.S. Figure Skating Nonqualifying Competitions

**2018 Northern Star International Synchro Competition**

**Synchronized Teams  
PRACTICE ICE APPLICATION**

Please fill out a separate Practice Application for each team or you may schedule Synchro Practice Ice online at [www.northernlightsfsc.com](http://www.northernlightsfsc.com).

TEAM NAME \_\_\_\_\_

CLUB \_\_\_\_\_ DIVISION \_\_\_\_\_

ADDRESS \_\_\_\_\_

CONTACT PERSON \_\_\_\_\_ PHONE \_\_\_\_\_

Practice ice will be available at the **Civic Center Arena** for **\$85** for each **20-minute** segment on a first-come, first-serve basis. Times available:

- **Saturday, January 13, 2018 - 3 p.m. to 11 p.m.**

Number of requested 20-minute segments: \_\_\_\_\_

1<sup>st</sup> Time Preference: \_\_\_\_\_

2<sup>nd</sup> Time Preference: \_\_\_\_\_

3<sup>rd</sup> Time Preference: \_\_\_\_\_

**Fee: \$85 per 20-minute segment**

We have enclosed \$ \_\_\_\_\_ for \_\_\_\_\_ segments

**APPLICATION DEADLINE:**  
**Online Registration - December 10, 2017**  
**Mailed entries must be RECEIVED by December 10, 2017**

Make checks payable to the **NORTHERN LIGHTS FIGURE SKATING CLUB** for mailed entries.